

Plus Point Ipswich is here to deliver information, advice and guidance through financial education, support, training and coaching. Plus Point Ipswich will deliver 1-1 support and workshops to small groups of young people to break down barriers to learning and employment.

Eligibility Criteria:

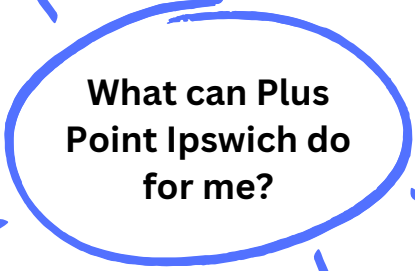
- Age 16-18
- Live in or around Ipswich

The Plus Point Ipswich team can:

- **Support** to engage with education, employment and training
- **Improve** numeracy, money management and budgeting skills
- **Encourage** progression towards further learning
- **Promote** independence, confidence and wellbeing
- **Empower** you to remove barriers to education and employment

For more information about Plus Point Ipswich, please contact:

- **Lauren Leggatt-Bulaitis:** 01473 263747 / 07514 722683 / Lauren.Leggatt-Bulaitis@suffolk.gov.uk



Explore ways you can prioritise your mental health and wellbeing

Discover how to access the right support

How to budget and make your money last longer

Help improve your time management

Wage, Tax and NI number break down

Work on numeracy skills in the workplace

Help to understand a payslip

Guide you when filling out forms and job applications